



Vita Vea

Washington

HEIGHT: 6'4"

WEIGHT: 347

ARMS: 32.5"

COMBINE:

40 YD DASH: 5.10

3 CONE: DNP

20 YD SHUTTLE: DNP

VERT: DNP

PROS

- Uncommonly large, uncommonly athletic
- Active hands and feet at snap
- Hard to get a square hit on
- Unmovable in the running game
- Massive lower body with gap eating power
- Sheds blocks and runs to the ball
- High motor player doesn't take plays off
- Powerful upper body to rag-doll linemen

CONS

- Shorter arms than desired
- Tries to finesse pass rush instead of bull rush
- Needs to refine his pass rush moves
- Pad level can get a bit high
- More bull rush!

SUMMARY

You forget how dominant Vita Vea is until a team decides to not double team him. When that happens, you truly see what he is as a football player; unblockable. But Vea is a full 347 pounds and runs as well as his numbers indicate. Vea isn't a rock in the middle of a defense that just eats up space despite his college numbers. The Milpitas, CA native didn't appear on the stat sheet very much in his career, with only 15 tackles for a loss and just under 10 sacks in three years at Washington. But he's an active hand fighter with great feet and a fast first step. He's explosive (for his size) and demanded the offense to game plan for him each week. When he plays with a good pad level, he can't be moved off the spot. Vea could play in a 4-3, but is tailor made to be a nose tackle in a 3-4 with the ability to fight through double teams and eat up blockers without losing ground. The real issue with Vea is that he doesn't always keep his pads low and play with great leverage. His arms aren't long enough for him to get away with this and he can be stalemated when he doesn't win early in the down. On passing downs he tries to be too much of a pass rusher instead of blowing up the pocket with a powerful bull rush. Yet when he does try to rush up field, he can come back downhill and throw a guard aside with one arm (he did this for real). It won't take long for his name to be called on the first day of the draft. Vita Vea should be the first tackle off the board.