

FORREST LAMP

WESTERN KENTUCKY

Height: 6'4"

Weight: 300

Arms: 32.25"

Combine:

40 yd Dash: 5.00

3 Cone: 7.55

20 yd Shuttle: 4.62

Vert: 27.5"

Pros:

- Athletic guard prospect moving from LT
- Great athlete, move like a TE
- Good feet/hands in pass protection
- Mirrors well
- Strong, punches well above weight
- Does good job passing off rusher to G
- Looks comfortable being in space

Cons:

- Concerned with lack of lower body build
- Doesn't drop anchor vs bull rushers
- Doesn't move people off the ball
- Misses some blocks on the 2nd level

Summary: Forrest Lamp is a redshirt senior offensive lineman from Western Kentucky. His calling card is excellent athletic ability, moving well in space and great hands and feet in pass protection. However, he offers very little from a run game perspective on film. He doesn't show an aggressive blocking mentality nor does he seem to have a lot of power to move defenders off the line of scrimmage. He'll have to move in to guard in the NFL due to his smaller frame, even though he has the feet to play outside. I question his ability to anchor in pass protection vs bull rushers and powerful defensive tackles. He did an admirable job versus Jonathan Allen in their 2nd game of the year and showed that he belonged on the field, but didn't stand out in run blocking. He's a technician and would fit very well in a zone blocking scheme where he doesn't need to root out defenders as often. However, he will need to clean up his blocking on the 2nd level. He has a hard time getting his hands on defenders, despite being in great position. His athleticism is undeniable but his scheme versatility is questionable. Lamp's upper body strength is impressive and speed is the name of the game. He'll be a starter in the NFL and can win with speed and athleticism. I don't think he'll be a consistent All-Pro but he will be very good.