

ADAM BISNOWATY

PITT

Height: 6'6" Weight: 300 Arms: 33.5"

Combine:

40 yd Dash: 5.35 3 Cone: 7.71 20 yd Shuttle: 4.56 Vert: 32"

<u>Pros:</u>	<u>Cons:</u>
<ul style="list-style-type: none"> - Nasty run blocker with attitude - Good frame with not much fat - Active feet through contact - Strong punch on contact in run game - Keeps feet and base - Explosive in short area with good punch 	<ul style="list-style-type: none"> - Incredibly stiff hipped player - Bends at the waist in pass protection - Not a great athlete on the edge - Lowers his head when engaging - Incredibly labored kick slide - Will have to transition to guard - Lunges at defenders

Summary: Adam Bisnowaty is a fifth year senior from Pitt who is a three year starter at tackle. Bisnowaty was a nominee for the Senior CLASS Award this past year after completing his degree in communications and pursuing a graduate degree. On the field, Bisnowaty was a 2016 All-ACC selection at tackle. The Fox Chapel native is a prime candidate to move inside to guard in the NFL. He's got a lean, strong frame with little wasted weight and is a strong run blocker. While he's a liability on the edge with ponderous feet in his kick slide, Bisnowaty has the mentality and the adequate speed to play at guard. While primarily a run blocker, he shows flashes of being agile enough to cover space with great short area burst and acceleration. He will have to learn how to pull, and engage with larger defenders on a regular basis. Bisnowaty is an aggressive player who always leans forward, even in pass blocking. He will have to learn how to anchor and not give up ground to set the depth of the pocket in passing plays. He also needs to keep his head up when engaging with defenders in the run game. Agile defensive lineman can use that to blow by him with a swim move. While there is work to be done in transition to a new position and some technique work, you cannot teach the nasty nature and fire he plays with. Worth a 4th round pick depending on a teams need and scheme fit.