

Ronnie Stanley

OT Notre Dame Rs. Jr.

Height: 6'6" Weight: 312 Arms: 36"

Combine: **40 yd Dash:** 5.20 **Bench:** 24 **Vert:** DNP"

Pros:

- Very smooth kick slide
- Plays under control
- Communicates with guards well
- Good body composition
- Patient pass protector
- Doesn't reach and get off base
- Maximized athletic talent already
- Sharp player, smart and sound
- Snaps hips through in blocks
- Good work with hands

Cons:

- Foot speed is average, not superb
- Decent, but not great athlete
- Good, but not great speed
- Physical but not overpowering
- Not explosive

In an era where tackles run like tight ends and tight ends run like receivers, it's hard to forget that at one point tackles could be quality athletes without running like they catch the ball for a living. Ronnie Stanley is that type of player. Ronnie Stanley is an above average athlete for his position, but he's not the best. What he is, is an exceptional technician. He's smart, technically sound and plays under control. He's a plug and play starter in the NFL right now. His footwork and kick slide are smooth and controlled. He doesn't reach in pass protection, and while he doesn't have the fastest feet in the world, he's more than fast enough to set the edge in the pocket. He's a good run blocker and gives good effort, but again, he's not the strongest player in this draft. In an era of hulking tackles that run like deer, Stanley quietly does an excellent job. He'll be a top 15 draft pick and an immediate upgrade for any team looking for a left tackle.